

NEWS RELEASE

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FOR IMMEDIATE RELEASE

(IMAGE ATTACHED)

Healing Garden Celebrates Fall Perennial Walk and Ride to Thrive and Celebration

Harvard, MA (August 11,2017) – Virginia Thurston Healing Garden Cancer Support Center is pleased to announce they are celebrating life and healing with a 3.5-mile fundraising Perennial Walk and a Metric Century Ride (66 miles) and ¹/₂ Metric (33 miles) through beautiful towns in the Nashoba Valley on Sunday, October 1, 2017. Co- Founder sin 2000, and Co-Chairs of the event, Bill Thurston and Betsy Tyson Smith will be on hand to say hello. There will be a staggered start with Century Riders leaving at 8am, 1/2 Century Riders leaving at 10am and Walkers leaving at 12pm. Families and dogs on leash welcome. Everyone returns for a celebration which will include food and drink, drumming, face-painting, and so you will not miss the game, a big screen projection of the Patriots 1pm kick off!

The Healing Garden provides education and therapeutic programs and services to all those affected by cancer. It is the only comprehensive cancer support center of it's kind, serving the Commonwealth of MA. Immersed in acres of woodlands and gardens, it is a serene location in which to engage in cancer care. We are looking for TEAMS and individual walkers, as well as cyclists of any ability. This is a supported event.



Sign up at healinggardensupport.org/new-events/

(Left, Karen and Jeremy Luchini with their boxer, Jett) (Right, TEAM Chrissy – The Clawson Family)

"We are thrilled to be thriving and growing and supporting referrals from all of the major Boston Hospitals as well as the many community hospitals in Metro West. We provide care to those who otherwise would have great difficulty navigating the cancer journey. By eliminating cost barriers to those who are already suffering too much – we rely on the community's support to help us raise the funds to provide this vital care and they step up every time! exclaims Leigh Carpenter, Director of Development.

Margaret Koch, Executive Director at The Healing Garden, said, "We see remarkable improvements for our clients who participate in support groups, individual counseling, exercise and nutrition education, energy work such as acupuncture and massage and more. Their caregivers and families benefit too and we have now begun offering

retreats and evening offering so that no one is left hanging. It is the right care, in the right place and supports the best outcomes for cancer patients."

<u>Https://HealingGardenSupport.org</u> located at 145 Bolton Rd in Harvard, MA 01451, is an educational nonprofit organization dedicated to providing integrative cancer care through therapeutic services, educational programs, and a healing environment for all people with a cancer diagnosis, as well as providing wellness education and support to promote cancer prevention for the community at large. For more information, call (978) 456-3532. The Virginia Thurston Healing Garden is organized under Internal Revenue Code 501(c)(3) and contributions are tax-deductible as provided by law.